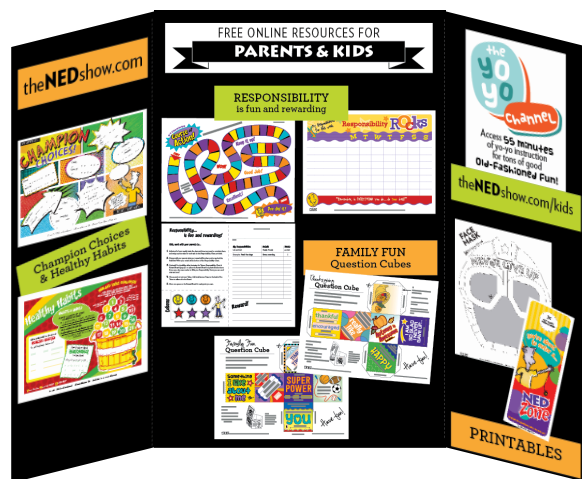


Introduce parents and kids to a few of the numerous free resources available at TheNEDShow.com such as:

Family Games
Discussion Starters
Activity Sheets
How to Videos
Room Decorations

Printables included in this kit are:
Champion Choices, Healthy Habits, Chore Charts,
Question Cubes Face Masks and Door Hangers.



SUGGESTED MATERIALS:

- Student, tri-fold presentation board -48" x 36"
- black is recommended
- Approximate cost is \$8 per yo-yo station.
- Color printer
- Cutting knife and/or scissors
- 8-1/2 x 11" paper - white and bright colors*
(card stock recommended)
- Glue or tape (double-stick preferred)

* If you'd like to replicate our station example on page 2, this chart indicates what color of paper is needed and # of sheets per color.

COLOR	# OF SHEETS
white	11
green	1
orange	1

Print:

- **Color copies** of pages 3-13 on **white** paper.
- Page 14 on **green** paper.
- Pages 15 on **orange** paper.

Cut, combine and assemble station:

- Cut printouts where indicated and assemble using the diagram shown on page 2 for reference.

Family Resources Station



FREE ONLINE RESOURCES FOR
PARENTS & KIDS



Access **55 minutes** of yo-yo instruction for tons of good **Old-Fashioned Fun!**

theNEDshow.com/kids

Champion Choices & Healthy Habits




RESPONSIBILITY is fun and rewarding





the yo yo channel

Access **55 minutes** of yo-yo instruction for tons of good **Old-Fashioned Fun!**

theNEDshow.com/kids

Family Fun Question Cubes




FACE MASK

NEVER GIVE UP




PRINTABLES

At this station, kids and parents will:

- See several examples of the resources they can download from TheNEDshow.com
- Be introduced to the Yo-Yo Channel

Print:

- Several copies of *one of the featured resources* for kids to take home.

Featured Resources:

- Champion Choices
- Healthy Habits
- Course of Action Responsibility Chart
- Responsibility Rocks Chore Chart
- Thanksgiving Question Cube
- Face Masks
- Door Hangers
- Several copies of *Family Fun Question Cube*

Set up the Family Fun Large Question Cube area adjacent to this station.

FREE ONLINE R

ENT PARENT

ESOURCES FOR

IS & KIDS



Access **55 minutes**
of yo-yo instruction
for tons of good
Old-Fashioned Fun!

MY WEEK OF...

CHAMPION CHOICES!

picked:
I
place
of:

I chose:

instead of:

I chose:

instead of:

I decided to:

instead of:

I chose:

I chose:

instead of:

instead of:

I decided to:
instead of:

WHAT IS NED
SAYING ABOUT
SAYING CHOICES
YOUR CHOICES
THIS WEEK?
(HE HINTS ABOVE)

TO BE CONTINUED...

Healthy Habits

HEALTHY HABIT CHALLENGE

It takes about 3 weeks (21 days) to form a habit.

Choose something healthy to practice daily for 3 weeks and see if you can turn it into a new habit!

WHAT'S A HABIT?

A habit is "a pattern of behavior acquired through frequent **REPETITION**."

When you do something on a regular basis it becomes part of your **ROUTINE**. Eventually, if you do it enough, it becomes a habit. That means you do it **AUTOMATICALLY** without needing to be reminded.

Healthy habits have a **POSITIVE** affect on your mind and body. For example, brushing your teeth every morning and before bedtime is an excellent healthy habit!

List a few things that are already your

HEALTHY HABITS:

Example: Eating breakfast before school

.....

.....

.....

.....

.....

Write your new habit on the basket.

Each day that you practice your habit, cross out a number.



My New Healthy Habit:

Think of ideas to help you
REMEMBER
to do your habit:

Example: Write a note on my mirror

You can do it!

Never Give Up Encourage Others Do Your Best



STWTFM

[illegible]

“Remember, in EVERYTHING You do ... do **Your** best!”

RESPONSIBILITY ROCKS!



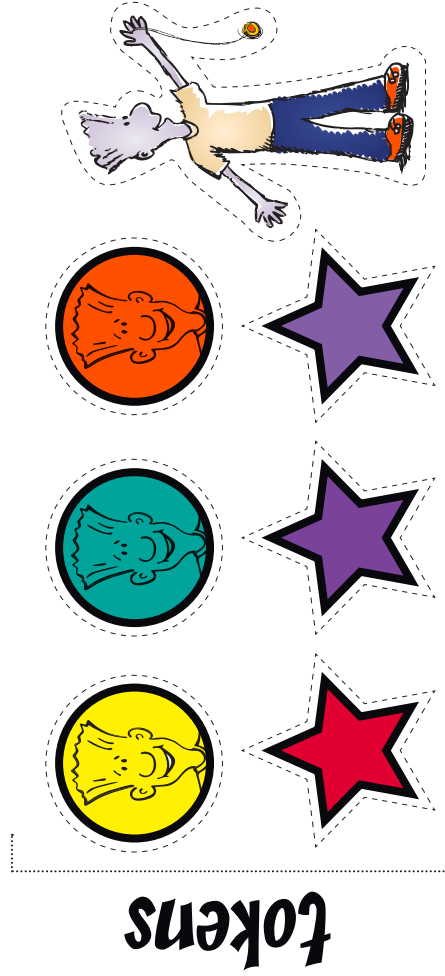
START



Responsibility... is fun and rewarding!

Kids, work with your parents to...

1. Indicate all of your weekly tasks, the days and times you need to complete them, and assign a point value for each task on the Responsibility Chart provided.
2. Discuss with your parents what your reward will be when you've reached the finish line! Write your reward at the bottom of the Responsibility Chart.
3. Optional: For durability, either laminate the Tokens, Responsibility Chart & Reward Board (page 2) -or- place the Reward Board in a plastic binder sleeve. If you use a dry erase marker to fill in your Responsibility Chart, you can use it over and over!
4. Choose and cut out your Token. Add small piece of tape to the back of the Token to adhere it to the Board.
5. Move one space on the Reward Board for each point you earn.



Name

My Responsibilities

List each task

Details

Day(s), Time(s)

Points

per task

Example: Feed the dogs

Every morning

1

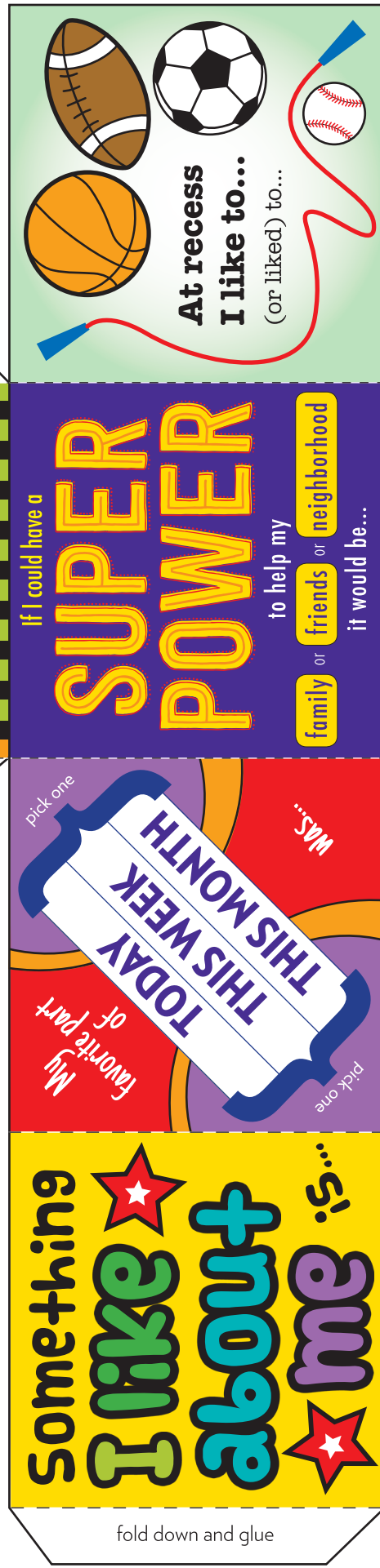
Reward!

When I reach the finish line, I will receive:

Family Fun Question Cube

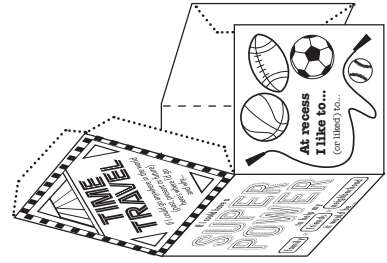
Invite everyone in your family or some friends to take a turn at rolling the Question Cube!

Get to know new things about each person and share some fun facts about you!



INSTRUCTIONS:

1. Print
2. Cut along solid lines
3. Fold on dotted lines
4. Glue tabs to the inside of each panel.



Note:
You can also tuck all tabs inside the box and tape all the sides together with clear tape.

Have fun!

Thanksgiving Question Cube

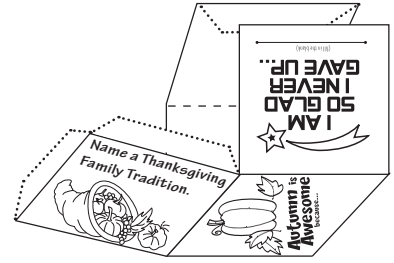
Invite everyone at your Thanksgiving celebration to take a turn at rolling the Question Cube!

Get to know new things about each person and express thanks with your family and friends!



INSTRUCTIONS:

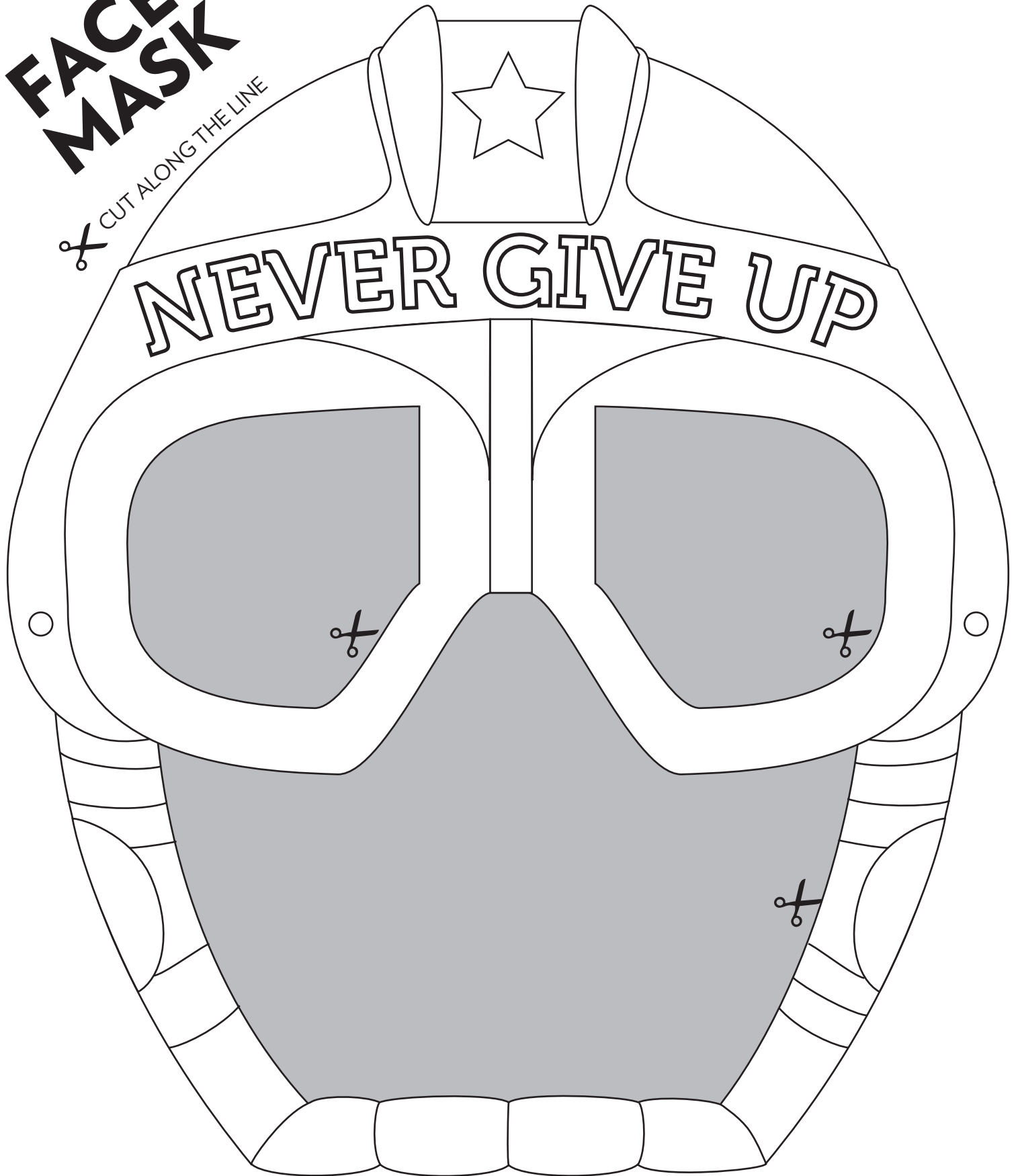
1. Color!
2. Create your own question. (see figure A)
3. Cut along solid lines
4. Fold on dotted lines
5. Glue tabs to the inside of each panel.



Note:
You can also tuck all tabs inside the box and with clear tape, tape all the sides together.

FACE MASK

✂ CUT ALONG THE LINE





CUT ALONG
DASHED LINES

*you're about
to enter a...*



NED
Zone

NEVER GIVE UP * ENCOURAGE OTHERS * DO YOUR BEST®



CUT ALONG
DASHED LINES



NED

NEVER GIVE UP * ENCOURAGE OTHERS * DO YOUR BEST®

Healthy Habits & Champion Choices

RESPONSIBILITY
is fun and rewarding

the**NED**show.com/kids

theNEDshow.com

FAMILY FUN
Question Cubes

PRINTABLES